

San Anselmo Free Medical Qigong Clinic

Saturday and Sunday, January 11th – 12th, 2020

Location: 248 Redwood Road, San Anselmo, CA

Time: 9:45 am and 11:30 am each day

Schedule your session [on the registration page](#)

Sessions are available at either 9:45 or 11:30 each day. There are a limited number of spaces available and our clinics do fill quickly. Please give us your preferred date and time, we will do our best to accommodate you.

This Free Medical Qigong Clinic includes: Everyone, with any kind of non-contagious disease, disorder, complaint or syndrome. Or, this can simply be an opportunity to experience the power and magic of a Medical Qigong session.

Information: It is important that your health issues are related to the clinic topic. Please inform us about your condition (or healing intention) so that your therapists will have the opportunity to prepare in advance for your session. Following the clinic our therapists will share some details of your session with the other students as part of the learning experience. Your name will not be used and all information is considered strictly confidential and will not go beyond the clinic student participants.

Timing: It is very important that you arrive on time so your session can begin in coordination with others in the room. If for any reason you have to cancel, please let us know as soon as possible because there will be one or two Therapists assigned and waiting to work specifically with you.

Please contact: Wendy Lang – wendy@emptymountain.com for more information and to be scheduled into the clinic.

About Medical Qigong

Medical Qigong has been used in China very successfully to treat many conditions. Qi emission is used to send Qi energy into the body to charge up the immune system, helping the body restore health and vitality. A full treatment involves cleansing the body, restoring vital energy and balancing the systems. In China Qigong hospitals were created provide wonderful treatments with great results.

What to expect

You will be working with experienced Medical Qigong Practitioners, certified by Empty Mountain Institute and/or the International Institute of Qigong and Shamanic Chinese Medicine. The treatments are gentle yet powerful and are specifically tailored to what each individual body, mind and spirit needs. There is no need to undress, so soft, comfortable clothing is recommended. Your practitioner will be doing an intake, so please be ready to give them the important details of your health history. They may also want to feel your pulse and/or take a look at your tongue. You will be lying on a massage table for the session and should feel very comfortable throughout as the practitioner works with hands both on and off the body. Verbal dialogue is often an important aspect of the sessions as well.

Following the session they will be asking for feedback and then recommending some prescription homework qigong exercises tailored precisely to your needs so you can continue the healing journey after the session. It will be up to you if you would like to have one of the practitioners follow-up with you through sessions either in person or at a distance.

Thank you! It is an invaluable gift for the Medical Qigong Therapy students to get real life experience. We will be extremely grateful to have you volunteer as a participant in our clinic.

Donations of \$10 are accepted in order to help cover clinic expenses.