

## **2022 Free, Distance Shamanic Chinese Medicine Clinic, for Gynecology, Neurology and Geriatrics**

**Saturday, March 12th at 9:45 am, Pacific Time**

### **DISTANCE VOLUNTEER INFORMATION**

Schedule your session by filling in the Clinic Registration Form:

<http://www.emptymountain.com/t7-clinic-registration.php>

Or contact: [info@emptymountain.com](mailto:info@emptymountain.com)

There are a limited number of spaces available and our clinics do fill quickly. Please register ASAP and we will do our best to accommodate you. Information: It is important that you inform us about any specific conditions you may have, in order for your therapist to be more fully prepared to work with you.

We will contact you in advance and send you the Zoom link. You will need to come online at the appointed time. If for some reason you can't use Zoom, let us know and we'll try to accommodate via Skype, or some other format. Your therapists will begin by telling you about the session, and finding out more about you. Following the session they will share details of the session with the other students as part of the learning experience. Your name will not be used and all information is considered strictly private and will not go beyond the clinic. You do not need to share any more information than you feel comfortable with.

Timing: It is very important that you available on time as you will have two therapists who have prepared to work with you. If for any reason you have to cancel, please let us know as soon as possible. Please remember, your assigned therapists are waiting to work specifically with you.

About: Shamanic Chinese Medicine/Medical Qigong has been used in China very successfully to treat many conditions. Qi emission is used to send Qi energy into the body to charge up the immune system, helping the body restore health and vitality. A full treatment involves cleansing the body, restoring vital energy and balancing the systems. In China Qigong hospitals were created provide wonderful treatments with great results.

What to expect: You will be working with experienced, second year students who are Medical Qigong Practitioners, certified by Empty Mountain Institute. The treatments are gentle yet powerful and are specifically tailored to what each individual body, mind and spirit needs. Your practitioner will be doing an intake, so please be ready to give them the important details of your health history. You will then get comfortable, lying down at home to receive your session. Please stay quiet and horizontal until the students call you back. Take mental note of any sensations or experiences that you have during this quiet time as it will be great feedback for your therapists.

Your therapist will inform you when your session is finished, and they are ready to check in and exchange feedback. They may recommend some prescription homework qigong exercises tailored precisely to your needs so you can continue the healing journey after the session. It will be up to you if you would like to have one of the practitioners follow-up with you through sessions either in person or at a distance.

**THANK YOU SO MUCH FOR PARTICIPATING IN OUR CLINIC!**