

# Shamanic Chinese Medicine (Medical Qigong) Practitioner Training

## Information & Registration

**Medical Qigong Training** is an energetic skill development and personal healing for both health care professionals and lay persons, optionally leading to certification as a Medical Qigong Practitioner, Therapist and Master. Certification is given by Empty Mountain Institute.

Medical Qigong is an ancient form of Chinese Energetic Medicine, dating back at least 5,000 years. It is one of the four branches of Traditional Chinese Medicine. Therapists learn to master the secret knowledge passed down from Wu Yi, a Qigong shamanic healer of ancient times. Please read more at [johnweiss.ca](http://johnweiss.ca) and [www.emptymountain.com](http://www.emptymountain.com)

Gifted Qigong Master Teacher, **Wendy Lang**, MMQ and Qigong Instructor, **John F. Weiss**, MMQ will be offering practitioner training online via Zoom. It is a profound training for self-transformation and becoming a well-balanced practitioner.

**Schedule:** The Medical Qi Gong Practitioner program is presented in a series of four seminars comprised of 10 half-day workshop intensives of 2x5 days each online via Zoom. The year is closed out with a 3 day online clinic for the general public also on Zoom.

**Next seminar starts Sept. 27th – October 1st, 2023.**

### MQP 2022/2023

<b>SCMP1 Part #1:</b> Sep 27th–Oct 1st, 2023	(Wednesday - Sunday) <b>ONLINE ONLY (Half Days)</b>
<b>SCMP1 Part #2:</b> Nov 1st-5th, 2023	(Wednesday - Sunday) <b>ONLINE ONLY (Half Days)</b>
<b>SCMP2 Part #1</b> Dec 6th-11th, 2023	(Wednesday - Sunday) <b>ONLINE ONLY (Half Days)</b>
<b>SCMP2 Part #2</b> Jan 31st-Feb 4th, 2024	(Wednesday - Sunday) <b>ONLINE ONLY (Half Days)</b>
<b>SCMP3 Part #1:</b> Mar 6th-10th, 2024	(Wednesday - Sunday) <b>ONLINE ONLY (Half Days)</b>
<b>SCMP3 Part #2:</b> Apr 3rd-7th, 2024	(Wednesday - Sunday) <b>ONLINE ONLY (Half Days)</b>
<b>SCMP4 Part #1:</b> May 8th-12th, 2024	(Wednesday - Sunday) <b>ONLINE ONLY (Half Days)</b>
<b>SCMP4 Part #2:</b> Jun 5th-9th, 2024	(Wednesday- Sunday) <b>ONLINE ONLY (Half Days)</b>
<b>Clinic:</b> June 14th-16th, 2024	(Friday - Sunday) <b>ONLINE ONLY (Full Days)</b>

**Tuition Fees:** The whole course of four 10-day seminars and one 3-day clinic is \$4,355. Each seminar is \$995 (for a total \$3980) plus \$375 for the clinic.

If you do the seminar by video, you can take the seminar for free when it is offered again.

Each seminar is \$1095.00 when attended individually and without commitment to the year-long program (i.e. - no deposit paid). Students who commit to the full year-long training and clinic get a savings of \$400.

**Registration:** Please contact John F. Weiss for a registration form at [johnfweiss@me.com](mailto:johnfweiss@me.com).

**Canadian students** will pay a deposit of \$367.50CDN (Registration deposit+GST) to secure your spot. **US and International students** will pay a deposit \$350USD to Wendy Lang to secure your spot.

*The deposit will be applied to your payment for seminar #4 in June 2024. Payment plans are available, if needed. **Call John for more info at 604-731-5533 (cell) or Wendy at 415-924-7883 / 778-968-6764 (cell)***

**Textbooks (optional):** "The Secret Teachings of Chinese Energetic Medicine", Volumes 1 through 5, by Professor Jerry A. Johnson, founder of the International Institute of Medical Qigong. The set can be purchased at Banyen Books in Vancouver or directly from Wendy Lang for \$470.00 USD + Postage. To place your order: <http://www.emptymountain.com/five-volume-series.php> or email [wendy@emptymountain.com](mailto:wendy@emptymountain.com)

**NOTE:** *The textbooks aren't required for the first seminar, but are needed by the second seminar.*

**Reading List:** You are not required to read the material in the entire reading list before the class. It is recommended to do so afterwards so that you have a better understanding of the material, if you so choose. Some people read it while preparing for their take home "exams" after the course. The syllabus shows how the reading covers all the books. They are a great reference to have for energy work.

**DVDs:** Taoist Five Qigong Workout DVD by Wendy Lang, \$20 CAD (and FREE if you buy your books from Wendy directly)

**Self-Study:** The biggest commitment would be to a minimum of one hour per day for exercise and meditation practice. The reading and tests are on top of that, but the homework/exam shouldn't take more than 6 hours, and the reading should be maybe 10 hours. There are usually at least 8 weeks between classes, so approx. 2 hours study per week. You will be given a chart for you to keep track of this, but you don't have to turn it in. It is to help you see how much time you're spending on practice and to encourage you to manage your time in a way that will be most beneficial for you.

**Exams:** There are 3 take home exams, which assist you in reading the books and contemplating your experience of energy work. The 4th exam is written in class. It is not stressful or complex and supports your understanding of the essentials. **All exams MUST be turned in to receive your certificate.**

**Certificates** – Upon successful completion all seminars, exams and the year-end clinic, you will receive a certificate from Empty Mountain Institute. You are then welcome to continue your studies in the Therapist level.

**Practicum:** In order to complete the program with International Association of Qigong and Shamanic Chinese Medicine (IIQSCM), you must complete 48 hours of practicum. The practicum does not need to be completed before you take the Therapist program. The Practicum can include:

No more than 12 hours of classes/workshops demonstrating the Medical Qigong workout

No more than 12 hours on sessions with animals

No more than 24 hours of long distance sessions

Majority of the sessions should be one-to-one with the person with you on a massage table.

Also, we need to have at least 6 write ups of which one should be a case study of multiple sessions.

**All Levels Clinic** is for all levels of students to work together on outside clients in the morning and exchanges later in the afternoon after group discussions. This is also a requirement for IIQSCM certification.

**All Levels Clinic dates for 2024:** June 14th-16th - Each client will enjoy a free 90 minute session. Register at <http://www.emptymountain.com/welcome-clinic-registration.php>

**Massage Tables:** You may want to purchase a massage table if you think you are going to advance beyond this year's course. *You will not need a massage table for the first seminar however.*